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FOR IMMEDIATE RELEASE

APPALACHIAN ORTHOPEDIC CENTER OFFERS NEW KNEE SURGERY OPTION

Carlisle, PA (October 18, 2011) – Appalachian Orthopedic Center is pleased to offer an innovative alternative to traditional knee surgeries and is the first practice to perform this robotic assisted surgery in the Harrisburg area.

MAKOplasty® Partial Knee Resurfacing is a new treatment option for adults living with early to mid-stage osteoarthritis (OA) in the medial (inner), patellofemoral (top), or lateral (outer) compartments of the knee. It is powered by the RIO® Robotic Arm Interactive Orthopedic System, which allows for consistently reproducible precision in performing partial knee resurfacing.

During the procedure, the diseased portion of the knee is resurfaced, sparing the patient's healthy bone and surrounding tissue. An implant is then secured in the joint to allow the knee to move smoothly again. MAKOplasty® Partial Knee Resurfacing can:

- Result in a more natural feeling knee following surgery due to the precise placement and balancing of the implant
- Result in a more rapid recovery and shorter hospital stay than traditional knee replacement surgery
- Be performed on an outpatient basis
- Promote a rapid relief from pain and return to daily activities

Glenn Portier, a 63 year-old Chambersburg resident, had MAKOplasty surgery at the end of August of this year. In two days he was home. Only six weeks later he says, "Everything was great from the get go. I can walk and climb stairs so much better." Michael Oplinger, MD, a board-certified orthopedic surgeon with Appalachian Orthopedic Center, performed the surgery. Dr. Oplinger and Dr. Oliverio are two of the physicians in the practice with advanced training in MAKOplasty.

The procedure is typically covered by most Medicare-approved and private health insurers.

To learn more about this leading-edge technology, check the practice website for upcoming educational opportunities over the next few months at www.aocenter.com.

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Appalachian Orthopedic Center has offices in Carlisle, Mechanicsburg and Loysville. Four board-certified orthopedic surgeons provide comprehensive, compassionate care for sports injuries, joint problems and fractures.

Media Note: Michael Oplinger, MD and Glenn Portier (patient) are both available for media interviews.